

The 29th 2024 OKINAWA MARATHON



Participation Guideline

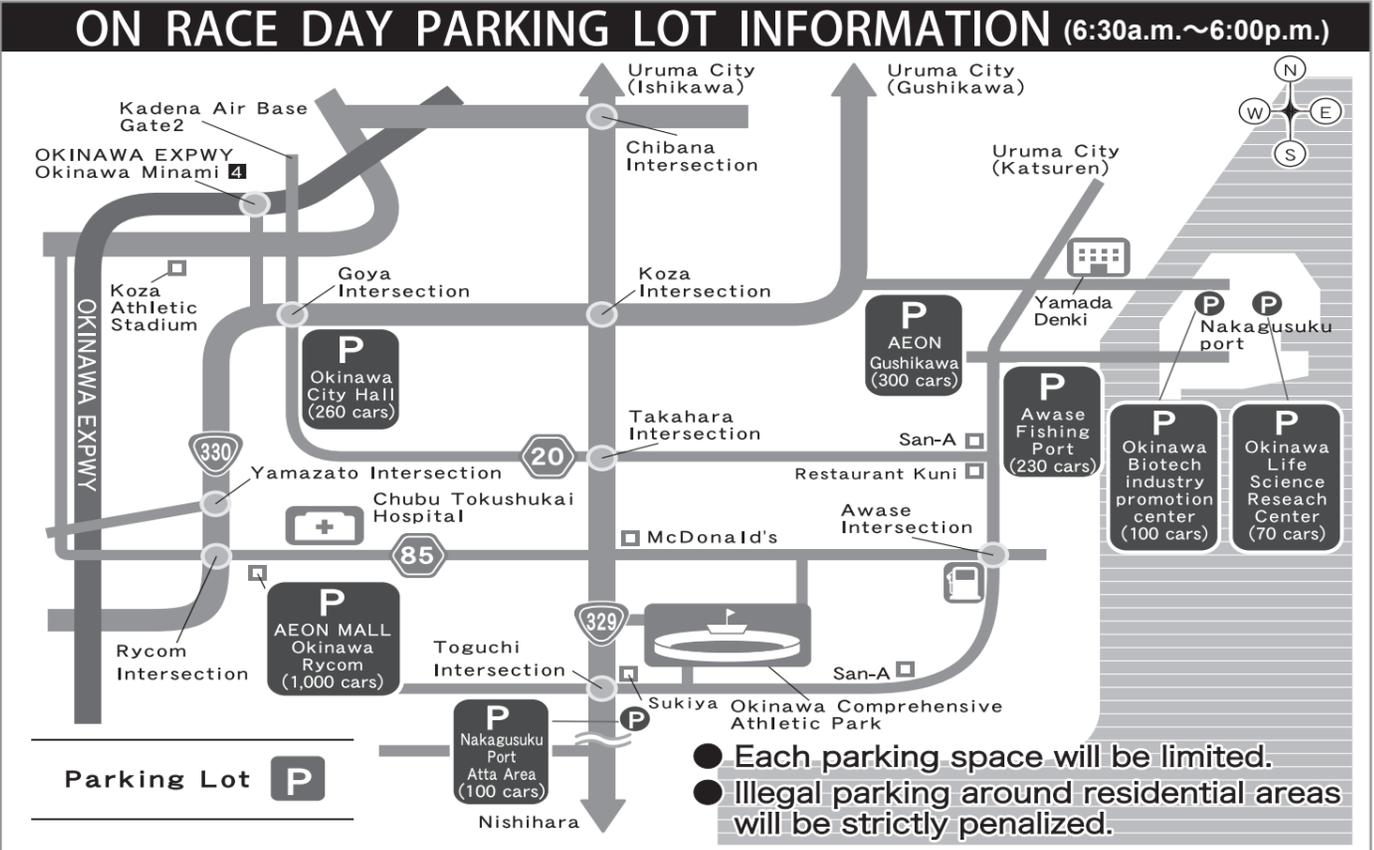
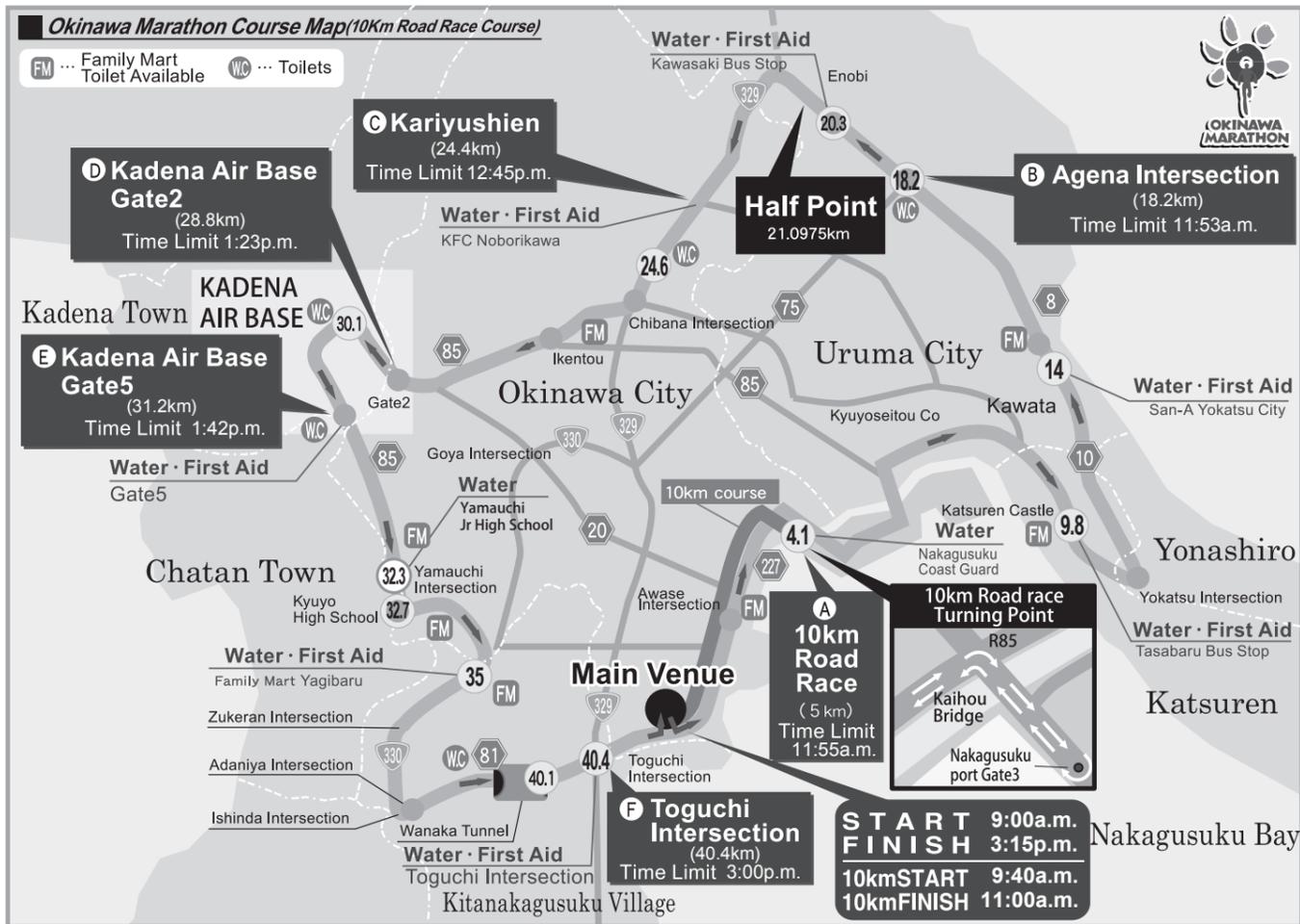
[Contact Information]
General Information: 098-938-0088
 Okinawa Marathon Executive Committee Office 2F,
 25-6 Nakasone-cho Okinawa city, Okinawa, Japan
 904-0014
 TEL: 098-938-0088

Number Card · Commemoration goods distribution (T-shirt) (Proxy collections are available)

February 17.2024(Sat) 10:00a.m.~8:00p.m.
 Place of issue: Okinawa Comprehensive Athletic Park (Gym) 5-3-1 Hiyagon Okinawa City Okinawa

•Venue · Course: Start/Finish Okinawa Comprehensive Athletic Park Japan Athletics Federation official course including the Kadena Air Base orbiting course

2024 OKINAWA MARATHON •Main Venue (Okinawa Comprehensive Athletic Park)



Free Shuttle Bus Service

From Each Parking Lot to Okinawa Comprehensive Athletic Park

Departure Time					
6:50a.m.	7:00a.m.	7:10a.m.	7:20a.m.	7:30a.m.	7:40a.m. (Last)

From Okinawa Comprehensive Athletic Park to Each Parking Lot

Departure Time					
11:00a.m.	11:30a.m.	12:00p.m.	12:30p.m.	01:00p.m.	01:30p.m.
02:00p.m.	02:30p.m.	03:00p.m.	03:30p.m.	04:00p.m.	04:30p.m.
05:00p.m.	Fainal departure time 5:00p.m.				

Access to the Main venue

※ Please use public transportation to the main venue as much as possible, as the area around the venue may be crowded.
 ※ There may be delays depending upon the traffic situation.

Bus (Departure)
 Travel time to Okinawa Comprehensive Athletic Park (North Gate) is about 1 hour.
 Public bus departs from Naha bus terminal.
 ◆ Okinawa Bus #52 (Platform 5)
 Departure: 5:50a.m./5:55a.m./6:10a.m./6:30a.m. (¥1,030)
 ※ Please confirm as there may be a change in schedule.
 Contacts: Okinawa Bus [Tel 098-861-0385]

Bus (Return Trip)
 Reach at Naha bus terminal without transferring to Line #52 near the Comprehensive Athletic Park (North Gate) bus stop.
 ※ After traffic restrictions finish at 3:00p.m.
 Please check the bus company website for information on other routes and transfers.

A Time limit at checkpoint, B Recommended time for dropout, C Time of traffic regulation

Checkpoint	A (Time limit)	B (Recommended dropout)	C (Traffic regulation)
Awase Intersection	① 10:45a.m.	② 10:45a.m.	③ 8:30a.m.~11:15a.m.
Aeon Mae Intersection	① 10:20a.m.	② 10:20a.m.	③ 9:00a.m.~11:00a.m.
Yokatsu Intersection	① 11:00a.m.	② 11:00a.m.	③ 9:10a.m.~11:30a.m.
Ohta Intersection	① 11:22a.m.	② 11:22a.m.	③ 9:20a.m.~12:00p.m.
Agena Intersection	① 11:53a.m.	② 11:53a.m.	③ 9:30a.m.~12:30p.m.
Enobi Intersection	① 12:18p.m.	② 12:18p.m.	③ 9:40a.m.~12:45p.m.
Kariyushi	① 12:45p.m.	② 12:45p.m.	③ 9:50a.m.~1:20p.m.
Chibana Intersection	① 12:53p.m.	② 12:53p.m.	③ 10:00a.m.~1:30p.m.
Ikeno Intersection	① 1:02p.m.	② 1:02p.m.	③ 10:00a.m.~1:30p.m.
Kadena AFB Gate 2	① 1:23p.m.	② 1:23p.m.	③ 10:00a.m.~1:50p.m.
Kadena AFB Gate 5	① 1:42p.m.	② 1:42p.m.	③ 10:15a.m.~2:15p.m.
Toguchi Intersection	① 3:00p.m.	② 3:00p.m.	③ 8:30a.m.~3:30p.m.
Adaniya Intersection	① 2:37p.m.	② 2:37p.m.	③ 10:30a.m.~3:10p.m.
Ishinda Intersection	① 2:32p.m.	② 2:32p.m.	③ 10:30a.m.~3:00p.m.
Zukeran Intersection	① 2:27p.m.	② 2:27p.m.	③ 10:30a.m.~2:50p.m.
Rycom Intersection	① 2:06p.m.	② 2:06p.m.	③ 10:30a.m.~2:30p.m.
Yamauchi Intersection	① 1:59p.m.	② 1:59p.m.	③ 10:20a.m.~2:30p.m.
Kyuyou High School T-Intersection	① 1:55p.m.	② 1:55p.m.	③ 10:20a.m.~2:30p.m.

8:30 a.m.~ After recommended time for dropout, please take off your number card and step out of the course.
 «To runners who dropout» Please get on the following bus behind a police vehicle.

Prior to the race

【Number Card Pick Up】

Feb. 17, 2024 (Sat) 10:00a.m.~8:00p.m.

Place of issue: Okinawa Comprehensive Athletic Park (Gym)

Please bring your “Number Card Notice” or “Registration Pass” sent to you by e-mail. Pick up your number card at the reception table and exchange it for commemorative T-shirt at the souvenir booth.

※Please confirm if the “measuring chip” is attached to the shoes.

※Please attach your number card on both, the front and the back.

※Your commemoration T-Shirt size cannot be changed.

Feb. 18.2024 (Sun) Start

Schedule

• 8:30a.m. - Stay in own start area

• 9:00a.m. - Full Marathon start

(Time limit: 6 hour 15min)

• 9:40a.m. - 10km Road Race start

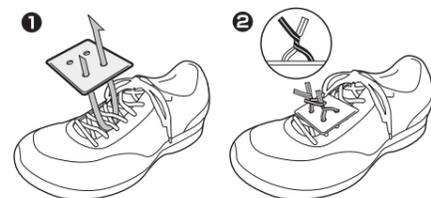
(Time limit: 1 hour 20min)

【About measuring chip】

■About measuring chip

- Recording will be measured by a measuring chip (Runner's Chip.)
- Runners must fix the measuring chip to the shoes before running (regardless of left or right.)
- Unattached or wearing someone else's measuring chip will result in disqualification of the runner.
- Please be aware that measurements cannot be recorded if the device is not properly attached, such as kept in a pocket, or is not passed over the measuring mat.
- Measuring chips will be collected after the race finishes. Please return it, surely.
- ¥300 will be charged for measuring chips that are reissued before the start or not returned after the finish.

Attachment method



For full marathon runners

《 Start line up time 8:30a.m. 》

Please line up at the starting area by 8:30a.m. The event staff will be carrying a placard. Please follow their instructions and wait in the appropriate block (Alphabet shown on your number card.)

※Those who cut the line off and do not follow the event staff's instructions might be subject to disqualification from the race.

※After 8:30a.m., all the runners will position at the back of the line.

Blocks	A	Block	1	~	1000
	B	Block	1001	~	2000
	C	Block	2001	~	4000
	D	Block	4001	~	6000
	E	Block	6001	~	8000
	F	Block	8001	~	

《About Special Drinks》

Special drink is available for runners who are in A and B blocks. Please present a number card at the special drink reception booth in front of the stadium (7:00a.m.-8:00a.m.)

《 To runners at the tail of a line 》

10km road race starts at 9:40a.m. To avoid collision, full marathom runners are advised to run left side of the course up to 5km point.

Full Marathon 10km Road Race

For 10km runners

Please proceed to the start line after the end of full marathon runner passed the start line. If your best time is under 40 minutes, please line up at the front row.

《 10km Time limit Check point 》

Nakagusuku port gate3 10:20a.m.

(※10km course turning point)

《 To runners at the tail of a line 》

10 km Road Race will be finished at 11am. (Time limit is 1 hour 20 minutes) Recommended time for dropout to returning runners is at 10:45a.m.

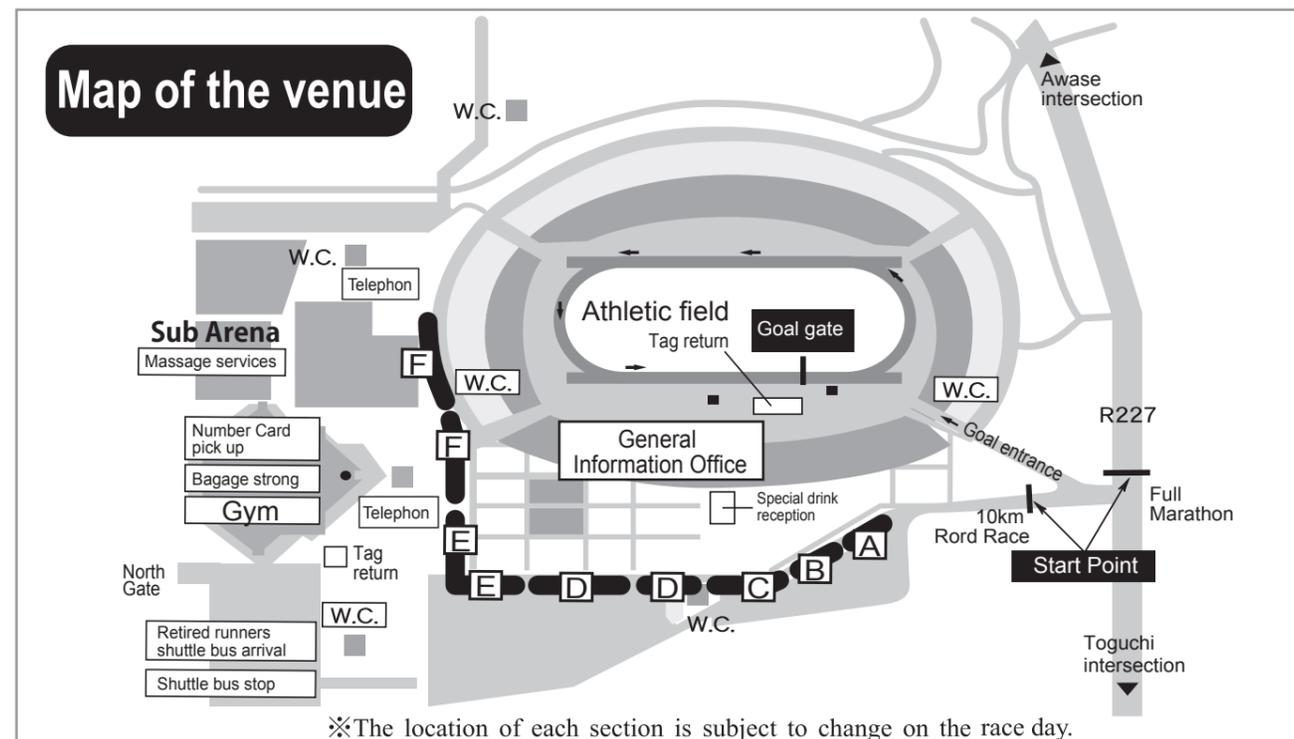
Please step out of the course and take off the number card as soon as possible when you are told to dropout.

Please have good manners and follow rules so everyone can comfortably start the race!

Okinawa Marathon Character “Shi-tan”



Map of the venue



※The location of each section is subject to change on the race day.

Cautions during the race

- ① Marathon is a very hard sport, you might have unexpected accidents if you are not in a good health condition
 - ② Please be aware of your health condition during the event. If you aren't feeling well or having health problems, we do not recommend participating in the race. If you do not feel well or injured during the race, contact the closest staff and ask for guidance.
 - ③ At some points on the course and the intersections where heavy traffic jam is expected, we may allow the traffic to pass on the course after the safety of the runners is ensured.
 - ④ Those who do not follow event staff's guidance may not be permitted to enter the race.
 - ⑤ Traffic control will be immediately cleared after the check point is closed. Please follow the event staff's advice. Step up to the side walk and be off the road and wait for the retired runner collection bus. **After traffic regulation is lifted, please step up to the side walk and get on the runner collection bus. We will take no responsibility for accidents after that.**
 - ⑥ On the event day, there will be a traffic control to ensure runners safety. We ask for your corporation and run following policeman, security and traffic control staff's guidance.
 - ⑦ **Proxy runner is strictly prohibited.**
- 【Emergency Vehicles】**
Please be careful not to get on ambulances way when they are on the race course. Ambulances carrying the injured runners will be given the highest priority.
- 【When if....】**
- ① If you aren't feeling well or not able to continue the race, contact the closest staff (positioned every 1.5km from start point) and ask for guidance. Please do not leave without notifying the staff.
 - ② Please be aware that in case of accidents and illness, liability of the organizer is limited to emergency treatments. The organizer only deals with the illness and other accidents that occur during the event within the terms of the insurance which the organizers take out.
 - ③ **If you find suspicious objects, please do not touch and contact the police or a guard nearby.**

【About dressing room】

- There is a dressing room near the entrance of 4th corner on athletics stadium.
- Please do not leave belongings.

【About your baggage】

Please keep all your belongings at your own responsibility. The event organizer will not be responsible for any stolen/lost items

[Paid baggage storage] Only one baggage per person

- There will be a baggage storing service in the gym.
- Baggage storage size: length + width + height = 120 cm (maximum)
- The fees is ¥500 per baggage (cash only.)
- Please refrain from bringing fragile items, large amounts of cash, or expensive items.

Baggage Store Service (Pay)	Okinawa Comprehensive Athletic Park Gym [Store time] 6:30a.m.~9:30a.m. [Pick up time] ~5:00p.m.
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【About lost items】

We will keep lost or pick up items at the general information office. It will be kept at Okinawa Marathon executive committee office until the end of March after the convention. After that, it will be disposed.