# The 30th 2025.2.16 SUN OKINAWA MARATHON



MARATHON

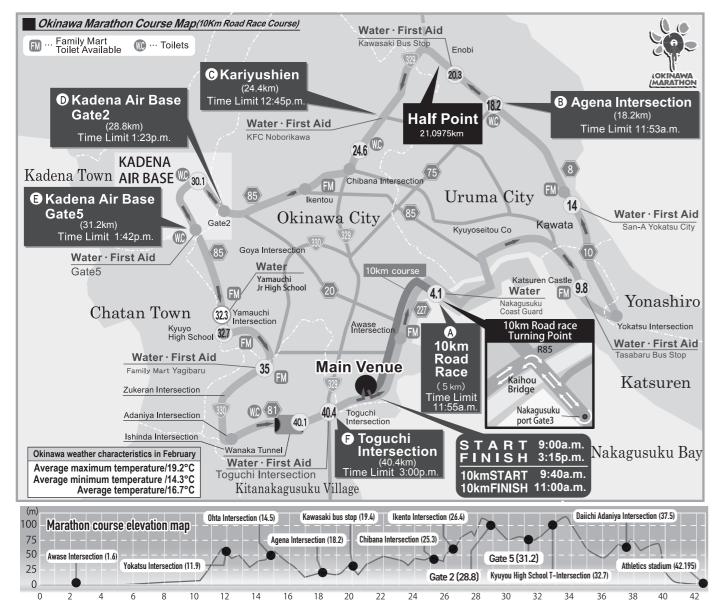
[Contact Information] General Information: 098-938-0088 Okinawa Marathon Executive Committee Office 2F, 25-6 Nakasone-cho Okinawa city, Okinawa, Japan 904-0014 info@okinawa-marathon.com

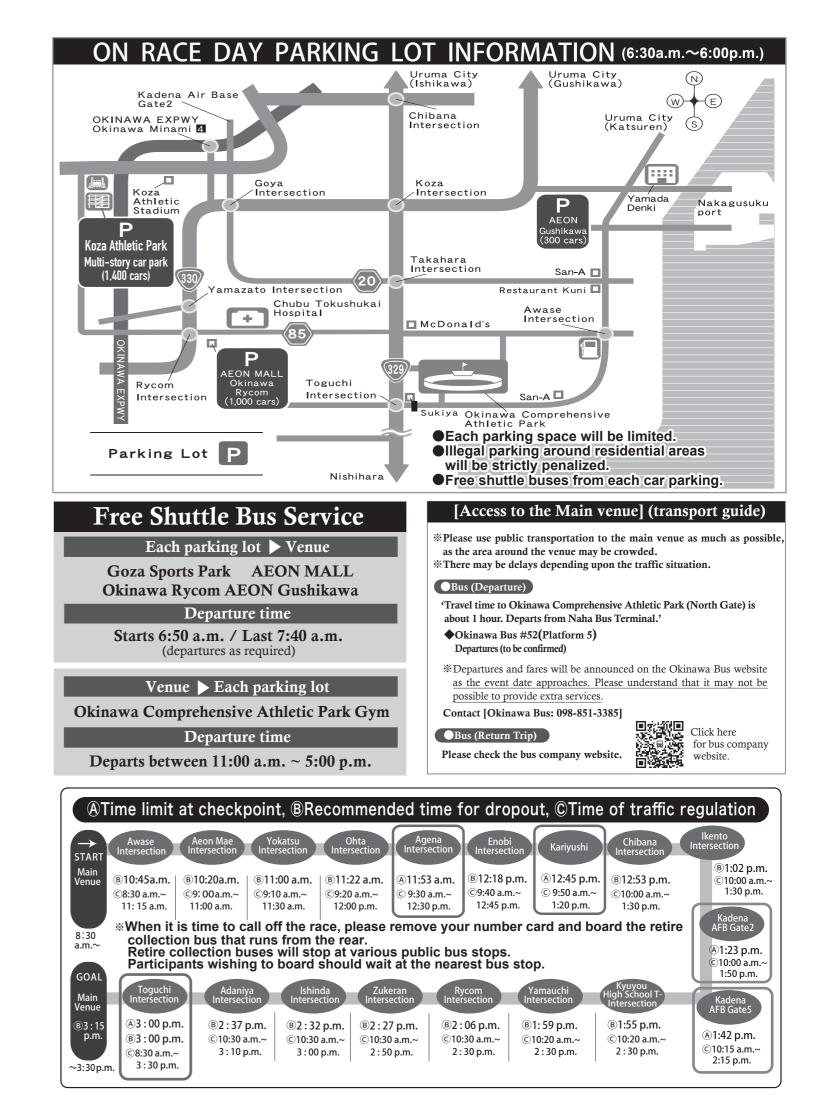
Number Card · Commemoration goods distribution (T-shirt) (Proxy collections are available)

## February 15.2025 (Saturday) 9:00 a.m. ~ 6:00 p.m.

Place of issue: Okinawa Comprehensive Athletic Park (Gym) 5-3-1 Hiyagon Okinawa City Okinawa

•Venue • Course: Start/Finish Okinawa Comprehensive Athletic Park Japan Athletics Federation official course including the Kadena Air Base orbiting course \* 2025 OKINAWA MARATHON • Main Venue (Okinawa Comprehensive Athletic Park)





#### Day before the Race Feb 15 (Sat)

#### [Receive a commemorative T-shirt]

Feb 15 (Saturday), 9:00 a.m. ~ 6:00 p.m. Place of issue: Okinawa Comprehensive Athletic Park (Gym)

Please bring the QR code or 'Participation Guide' sent to you by e-mail and exchange it for commemorative T-shirt at the souvenir booth

**%**Your commemoration T-Shirt size cannot be changed.

### Race Day Feb 16 (Sunday) Start

#### Schedule

- 8:30a.m. Stay in own start area
- 9:00a.m. Full Marathon start (Time limit: 6 hour 15min)

 9:40a.m. - 10km Road Race start (Time limit: 1 hour 20min)

#### About measurement tags

One number card must be attached to the front and one to the back.

Please wear the side with the measurement tag on the front.

If worn on the back, the measurement may not be possible.

\*Do not subject the measuring tag to strong shocks or deliberately bend them.

- \*Do not cover the number card with your hand or arm when passing the measuring point.
- This may interfere with record measurements.
- \*When wearing a jacket, such as in rainy weather, please wear the number card on top of the jacket so that the number card is visible.
- \*The number on the measurement tag is a management number and is different from the number on the number card.

\*Measurement tags will not be collected.

\*Do not modify the number card. You may be disqualified.

#### For full marathon runners

《 Start line up time 8:30a.m.》

Please line up at the starting area by 8:30a.m. The event staff will be carrying a placard. Please follow their instructions and wait in the appropriate block (Alphabet shown on your number card.)

\*Those who cut the line off and do not follow the event staffs'

instructions might be subject to disqualification from the race. \*After 8:30a.m., all the runners will position at the back of the line

Blocks	A Block	1	~	1000
	B Block	1001	~	2000
	C Block	2001	~	4000
	D Block	4001	~	6000
	E Block	6001	~	8000
	F Block	8001	~	11000
	G Block	11001	~	12000

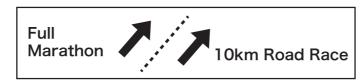
### About special drinks

Special drink is available for runners who are in A and B blocks. Please present a number card at the special drink reception booth in front of the stadium (7:00a.m.-7:50a.m.)

\*We will show you the provision method and conditions before registration, and will only accept applications of those who will agree.

 $\langle\!\!\langle$  To runners at the tail of a line  $\rangle\!\!\rangle$ 

10km road race starts at 9:40a.m. To avoid collision, full marathom runners are advised to run left side of the course up to 5km point.



### For 10km runners

Please proceed to the start line after the end of full marathon runner passed the start line. If your best time i under 40 minutes, please line up at the front row.

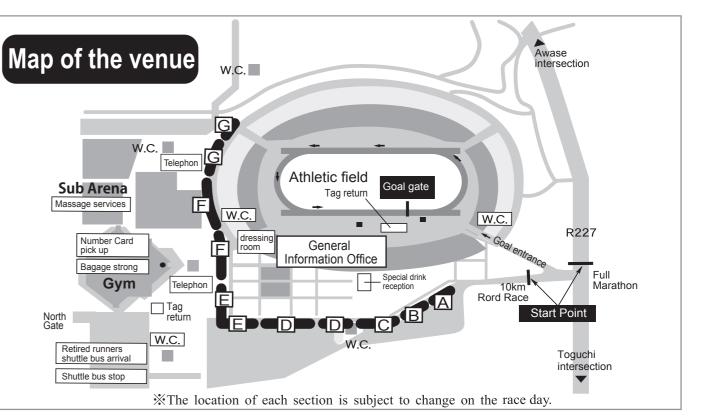
《 10km Time limit Check point 》 Nakagusuku port gate3 10:20a.m. %10km course turning point (5km)

《 To runners at the tail of a line》

10 km Road Race will be finished at 11am. (Time limit is 1 hour 20 minutes) Recommended time for dropout to returning runners is at 10:45a.m. Please step out of the course and take off the number card

as soon as possible when you are told to drop out.





#### **Cautions during the race**

- (1)Marathon is a very hard sports, you might have unexpected accidents [About the Retiree Collection Bus] if you are not in a good health condition
- (2)Please be aware of your health condition during the event. If you aren't feeling well or having health problems, we do not recommend participating in the race, contact the closest staff and ask for guidance.
- (3)At some points on the course and the intersections where heavy traffic jam is expected, we may allow the traffic to pass on the course after the safety of the runners is ensured.
- (4)Those who do not follow event staff's guidance may not be permitted to enter the race.
- (5)Traffic control will be immediately cleared after the check point is closed. Please follow the event staff's advice. Step up to the side walk and be off the road and wait for the retired runner collection bus. After traffic regulation is lifted, please step up to the side walk and get on the runner collection bus. We will take no responsibility for accidents after that.
- 6On the event day, there will be a traffic control to ensure runners safety. We ask for your corporation and run following policeman, securiity and traffic control staff''s guidance.

<sup>(7)</sup> Proxy runner is strictly prohibited.

#### About dressing room

- There is a dressing room near the entrance of 4th corner on athletics stadium.
- Please do not leave belongings.
- baggage storage facilities.

#### About your baggage

Please keep all your belongings at your own responsibility. The event organizer will not be responsible for any stolen/lost items [Paid baggage storage] Only one baggage per person

- · There will be a baggage storing service in the gym.
- Baggage storage size: length + width + height = 120 cm (maximum)
- The fees is ¥500 per baggage (cash only.)
- Please refrain from bringing fragile items, large amounts of cash, or expensive items.

### About lost items

We will keep lost or pick up items at the general information office. It will be kept at Okinawa Marathon executive committee office until the end of March after the convention. After that, it will be disposed.

(1) The Retire Collection Bus, which runs from the rear, will stop at each of the public bus stops. Participants wishing to board the Retire Bus should wait at the nearest bus stop.

#### [Emergency Vehicles]

Please be careful not to get on ambulances way when they are on the race course. Ambulances carrying the injured runners will be given the highest priority.

#### [When if....]

- (1) If a participant is unable to run due to physical discomfort, abnormality or breakdown, please contact the nearest staff (stationed at every 1km from the start) and ask for guidance. Please do not leave without notifying us.
- (2) Please be aware that in case of accidents and illness, liability of the organizer is limited to emergency treatments. The organizer only deals with the illlness and other accidents that occur during the event within the terms of the insurance which the organizers take out
- (3) If you find suspicious objects, please do not touch and contact the police or a guard nearby.

• Please do not leave your belongings in the changing rooms, either leave them with someone in support or use the paid

Baggage	Okinawa Comprehensive Athletic Park Gym
Store Service	[Store time] 6:30a.m.~9:00a.m.
(Pay)	[Pick up time] ~5:00p.m.